



AMRRP

NOISE

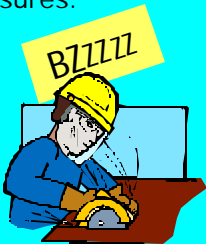
◆ GUNSHOTS



Protection is needed when shooting at both indoor and outdoor ranges.

◆ POWER TOOLS

Semi-insert devices or earmuffs can be effective and convenient protection for these intermittent exposures.



◆ CHAIN SAWS

Hearing protection is a must whenever operating a chain saw.



Be aware of noisy situations whether at your workplace or at play. Some of that noise can damage your ears and prevent you from hearing important sounds. Protect yourself and enjoy a lifetime of good hearing.

There are several types of hearing protection devices, including:

- Formable Plugs
- Premolded Plugs
- Semi-insert Device
- Earmuffs

Save your hearing!



◆ AIRCRAFT

When flying in small aircraft, foam earplugs or other hearing protectors are suggested.



◆ MUSIC

Even music can be harmful to your hearing, if it's too loud. Keep a safe distance from loud speakers, and if necessary, wear hearing protection.



◆ RADIO HEADPHONES

Be smart – keep the sound turned to safe levels. As a rule of thumb, while listening to headphones you should still be able to hear others speaking to you from a few feet away.

